

# BEVERAGES

KETO = K | PALEO = P | VEGAN = V



## SOCIALS

### COFFEE

- Drip coffee \$2.10/\$2.35
- Espresso \$3.25
- Americano \$3.25
- Latte \$4.50/\$4.75
- Cappuccino \$4.50/\$4.75
- Tea \$2.75
- Tea Latte \$4.75
- Hot Chocolate - *sweetened with maple syrup* \$4.25

### Holistic Coffee 12oz

- Golden Dave K. P. V. \$6.00  
*espresso, turmeric, ashwagandha, cinnamon, ginger, black pepper, coconut butter, coconut sugar, maple syrup, almond milk*
- Brain Boost K. P. V. \$5.50  
*coffee, MCT, coconut oil, lion's mane, monk fruit*
- Decadent Protein V. \$5.50  
*coffee, plant-based protein, almond butter, sea salt, maple syrup, almond milk*
- Adaptagen Fuel P. \$5.00  
*coffee, ashwagandha, collagen, maple syrup*
- Charmed Mocha K. P. V. \$5.50  
*coffee, coconut oil, cocoa, maca, monk fruit*
- Superfood Mocha K. P. V. \$5.50  
*espresso, chaga, cocoa, maple syrup, pink salt*
- Vibrant Keto K. P. V. \$5.00  
*coffee, MCT, coconut oil*

\*Ask us about our seasonal hot drinks!

### MILK SELECTION

*almond milk, coconut milk, oat milk, cow milk, cream*

### SWEETENER SELECTION

*maple syrup, honey, monk fruit, stevia, sugar*

### SUPERFOOD HOT DRINK 12oz

- Detox Fireball K. P. V. \$5.50  
*apple cider vinegar, lemon, cinnamon, tumeric, ginger*  
*Booster: elderberry syrup +\$2.00*
- Golden Latte K. P. V. \$5.50  
*tumeric, ashwagandha, cinnamon, ginger, black pepper, coconut butter, coconut sugar, almond milk*  
*Booster: MCT powder +\$1.50*
- Green Latte K. P. V. \$5.50  
*matcha powder, cinnamon, coconut butter, choice of milk, sweetener*  
*Booster: chaga +\$1.50*
- Back to Balance Adaptogen Latte P. V. \$5.50  
*cocoa, maca, reishi mushroom, lion's mane mushroom, ashwagandha, pink salt, cardamon, cinnamon, ginger, black pepper, coconut, coconut sugar, coconut oil, prebiotic fibre, choice of milk*  
*Booster: espresso +\$1.50*
- Antioxidant Latte P. V. \$5.50  
*acai, beetroot powder, ashwagandha, cardamon, cinnamon, ginger, black pepper, coconut, coconut sugar, choice of milk*  
*Booster: turmeric +\$1.50*

### PERFORMANCE DRINKS 16oz

- Mermaid Lemonade K. P. V. \$5.50  
*spirulina, lemon, stevia, sea salt, water*
- Electrolyte Restore P. V. \$5.50  
*coconut water, lemon, sea salt, maple syrup*
- Fountain of Youth P. \$5.50  
*aloe, collagen, MCT, maple syrup, pineapple infused water*