

BEVERAGES

KETO = K | PALEO = P | VEGAN = V



SOCIALS

COFFEE

- Drip coffee \$2.10/\$2.35
- Espresso \$3.25
- Americano \$3.25
- Latte \$4.50/\$4.75
- Cappuccino \$4.50/\$4.75
- Tea \$2.75
- Tea Latte \$4.75
- Hot Chocolate - *sweetened with maple syrup* \$4.25

Holistic Coffee 12oz

- Golden Dave K. P. V. \$6.00
espresso, turmeric, ashwagandha, cinnamon, ginger, black pepper, coconut butter, coconut sugar, maple syrup, almond milk
- Brain Boost K. P. V. \$5.50
coffee, MCT, coconut oil, lion's mane, monk fruit
- Decadent Protein V. \$5.50
coffee, plant-based protein, almond butter, sea salt, maple syrup, almond milk
- Adaptagen Fuel P. \$5.00
coffee, ashwagandha, collagen, maple syrup
- Charmed Mocha K. P. V. \$5.50
coffee, coconut oil, cocoa, maca, monk fruit
- Superfood Mocha K. P. V. \$5.50
espresso, chaga, cocoa, maple syrup, pink salt
- Vibrant Keto K. P. V. \$5.00
coffee, MCT, coconut oil

*Ask us about our seasonal hot drinks!

MILK SELECTION

almond milk, coconut milk, oat milk, cow milk, cream

SWEETENER SELECTION

maple syrup, honey, monk fruit, stevia, sugar

SUPERFOOD HOT DRINK 12oz

- Detox Fireball K. P. V. \$5.50
apple cider vinegar, lemon, cinnamon, tumeric, ginger
Booster: elderberry syrup +\$2.00
- Golden Latte K. P. V. \$5.50
tumeric, ashwagandha, cinnamon, ginger, black pepper, coconut butter, coconut sugar, almond milk
Booster: MCT powder +\$1.50
- Green Latte K. P. V. \$5.50
matcha powder, cinnamon, coconut butter, choice of milk, sweetener
Booster: chaga +\$1.50
- Back to Balance Adaptogen Latte P. V. \$5.50
cocoa, maca, reishi mushroom, lion's mane mushroom, ashwagandha, pink salt, cardamon, cinnamon, ginger, black pepper, coconut, coconut sugar, coconut oil, prebiotic fibre, choice of milk
Booster: espresso +\$1.50
- Antioxidant Latte P. V. \$5.50
acai, beetroot powder, ashwagandha, cardamon, cinnamon, ginger, black pepper, coconut, coconut sugar, choice of milk
Booster: turmeric +\$1.50

PERFORMANCE DRINKS 16oz

- Mermaid Lemonade K. P. V. \$5.50
spirulina, lemon, stevia, sea salt, water
- Electrolyte Restore P. V. \$5.50
coconut water, lemon, sea salt, maple syrup
- Fountain of Youth P. \$5.50
aloe, collagen, MCT, maple syrup, pineapple infused water